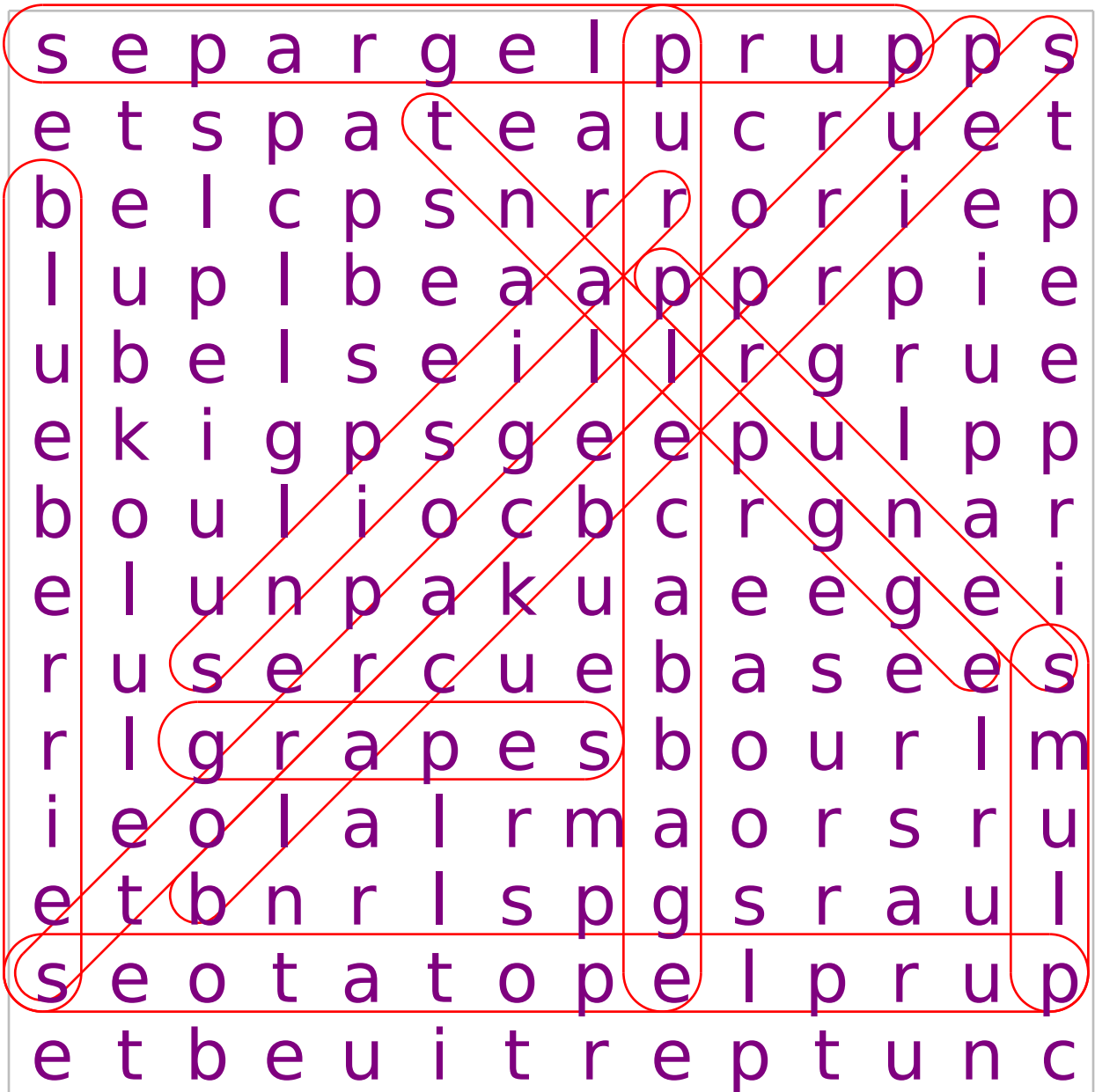


# Nutrition Puzzles: Blue Fruits and Vegetables

[www.personal-nutrition-guide.com](http://www.personal-nutrition-guide.com)

Circle all the blue fruits and vegetables you can find. Eat at least one blue fruit or vegetable today!



blackberries

grapes

purple cabbage

purple potatoes

blueberries

plums

purple carrots

raisins

eggplant

prunes

purple grapes