

Nutrition Puzzles: Red Fruits and Vegetables

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Circle all the red fruits and vegetables you can find. Eat at least one red fruit or vegetable today!



apples
cherries
radishes
red grapefruit
red pears
watermelon

beets
cranberries
raspberries
red grapes
strawberries

blood oranges
pomegranates
red bell peppers
red onions
tomatoes