

# Nutrition Puzzles: Green Fruits and Vegetables

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Circle all the green fruits and vegetables you can find. Eat at least one green fruit or vegetable today!

l p l s n a e b n e e r g k a i  
y i r e u p e y e e g g i b s l  
a o l p c g f b r s r w a b n o  
g n k a a r a r s e i g p o e c  
a l u r o p l r e a l r l r e c  
r s u g a r s n a p p e a s r o  
t e e n i o p e a p m e c c g r  
i n c e e e s s e w s n p u y b  
c r s e a r e c e i n a k c f r  
h c e r n a z d s u r p e u a o  
o n s g e e y p e e n p y m e a  
k i z s r e p p e p l l e b l e  
e s p i n a c h n a a e r e s e  
s t u o r p s s l e s s u r b g  
u c h z u c c h i n i a u s e b  
e m e s t e e n l s p s l p g o

artichokes  
broccoli  
cucumbers  
green grapes  
kiwi  
peas  
zucchini

asparagus  
Brussels sprouts  
green apples  
green pears  
leafy greens  
spinach

bell peppers  
celery  
green beans  
honeydew melon  
okra  
sugar snap peas