

Nutrition Puzzles: Green Fruits and Vegetables

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Circle all the green fruits and vegetables you can find. Eat at least one green fruit or vegetable today!

l p l s n a e b n e e r g k a i
y i r e u p e y e e g g i b s l
a o l p c g f b r s r w a b n o
g n k a a r a r s e i g p o e c
a l u r o p l r e a l r l r e c
r s u g a r s n a p p e a s r o
t e e n i o p e a p m e c c g r
i n c e e e s s e w s n p u y b
c r s e a r e c e i n a k c f r
h c e r n a z d s u r p e u a o
o n s g e e y p e e n p y m e a
k i z s r e p p e p l l e b l e
e s p i n a c h n a a e r e s e
s t u o r p s s l e s s u r b g
u c h z u c c h i n i a u s e b
e m e s t e e n l s p s l p g o

artichokes
broccoli
cucumbers
green grapes
kiwi
peas
zucchini

asparagus
Brussels sprouts
green apples
green pears
leafy greens
spinach

bell peppers
celery
green beans
honeydew melon
okra
sugar snap peas